Let's Play KINDNESS BINGO

Can you do all of the kind things below? Check each box as you go. You do not have to do them all in one day — kindness is magical every day!

Say hello or smile at someone passing by.	Compliment someone, especially for being kind.	Hug your parent or caregiver.	Say thank you to your teacher or someone who helps you.
Write a note or draw a picture for someone you care about and give it to them.	Do something nice for your siblings or a friend.	Think about someone you care about and make a wish for them.	Play with someone new.
Think of a happy memory and share it with your family.	Ask your parent or caregiver if they need help with a chore.	Let someone else go first.	Ask a friend how they are doing and offer to help if they need it.
When playing with a friend, ask them what they would like to do.	Ask questions to find out what you have in common with a new friend.	Say please when asking for something.	Tell a friend what you like most about them.